10. Know is doing

10. Know what your child is doing online and that it is appropriate for their age



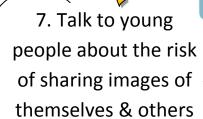
9. To keep your child safe, the mobile phones, games consoles, tablets and computers needs to have the safety settings set-up



6. Help your child make the right decision - adhere to age restrictions on games

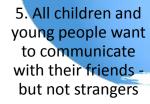


2. Children need help to keep themselves safe











3. Ask your child the same questions when they go online as you would when they go out to play



8. Understand the impact online bullying has on children and young people



4. Parents are important, working to keep children and young people safe online



Allowing your child access to social networking or content too old for them is a risk you will need to manage!

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Useful websites: www.thinkyouknow.co.uk